

## PROGRAMS & IMPACT

**4,200+ CLIENTS SERVED THROUGH RS SOCIAL + MENTAL HEALTH SERVICES AND ECONOMIC COMMUNITY BUILDING**

### HEALTHY COMMUNITIES INITIATIVE

Our new “Donate-What-You-Can” cafe, Thelma’s Kitchen, is a social venture community cafe that provides affordable access to healthy food in a safe and vibrant community gathering place and enables on-site RS case managers to assess needs and refer to our Social and Mental Health Services. Guests donate what they can or exchange volunteer time for lunch -- everybody eats regardless of ability to pay! This program encourages meaningful community engagement, bringing people from all backgrounds together to serve together and share with one another.

**25 volunteers** serving DAILY in Thelma’s Kitchen



**500 lunches** served weekly in Thelma’s Kitchen

### MENTAL HEALTH SERVICES

Our trauma and depression therapy program REVEAL -- Restore, Engage, Value, Encourage, Act, Lead -- promotes hope and healing through one-on-one counseling, group therapy, and intensive case management. The acronym for REVEAL reflects our goals for our clients as we see them reveal their inner strength and become advocates for hope and healing in their neighborhoods.

**140 clients** received **1,400 hours** of therapy and intensive case management



### SOCIAL SERVICES

When someone comes to RS needing an ID, rent or utility assistance, medicine or medical supplies, they get more than just these vital resources. Our case managers advocate for our most vulnerable clients in need to help move them from emergency to greater self-sufficiency in a relationally supportive and culturally competent environment.



**516 people** received **\$128,864** in essential medical and dental assistance and supplies

**1,300+ hours** of case management provided



**1,500+ IDs** and documents provided

**\$141,000+** in housing and utilities assistance



### ECONOMIC COMMUNITY BUILDING

Through programs like Thelma’s Kitchen, RS Social Ventures (Coming soon!), and Foster Grandparents, RS is working to expand community and individual resources by offering dignified and meaningful life work. The RS Foster Grandparents Program equips low-income senior citizens to provide one-on-one mentoring for at-risk youth, while offering a small volunteer stipend. We also engage our Foster Grandparents in understanding their own trauma through education and encouraging participation in our REVEAL program so that they can go on to advocate for and educate their own families and the larger community.



**92 low income seniors** volunteered **80,000 hours** mentoring **230+ children**

## PREPARING THE NEXT GENERATION OF LEADERS AND COMMUNITY ADVOCATES

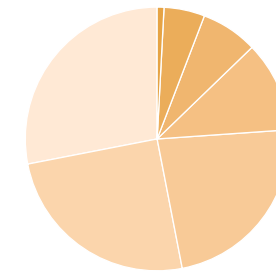


In 2018, we invited 11 interns to serve at RS. Our interns -- from UMKC, NourishKC, Americorps, and Notre Dame Summer Service Program -- gained hundreds of hours of real world experience in fields such as social work, development and communications, and culinary arts. We are committed to preparing the next generation of nonprofit leaders and community advocates, instilling compassion for vulnerable populations in these students and volunteers!

**In 2018, hundreds of volunteers donated over 82,000 hours to join RS in our mission, leveraging every dollar donated even further!**

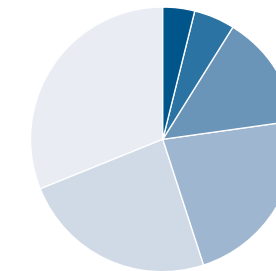
### FINANCIAL SNAPSHOT

REVENUE **\$2,379,130**



Corporations 1%  
Churches 5%  
Events/Other 7%  
Individuals 11%  
Public Sources 23%  
In-Kind 25% Client Goods, Services, and Assistance  
Foundations 28%

PROGRAM EXPENSES **\$2,124,221**



Program Capital 4%\*  
Fundraising & Outreach 5%  
Administration 14%  
Healthy Communities Initiatives 22%  
Economic Community Building & Foster Grandparents Program 24%  
Social & Mental Health Services 31%

\*Program-specific building improvements depreciate over time. Depreciation has been excluded from Program Capital. To see current 990 or audited financials please visit [www.RS3101.org/financials](http://www.RS3101.org/financials)

### LEADERSHIP

#### 2018 RS BOARD OF DIRECTORS

**Kathryn Evans-Madden**, Board President, Development Director for Amethyst Place

**Melissa Ver Meer, PhD**, Board Treasurer, Senior Technical Manager of Engineering at Honeywell

**Dr. Michael Abraham**, Board Secretary, KU Med Neurology

**Dina Gardner**, Agent for Reece & Nichols Real Estate

**Carla Hutchinson, LCSW**, Midtown Psychological Services

**Cecilia Garrett, MLA**, English Professor at Maple Woods Community College

**Ted Sleder**, Attorney

**John Kreicbergs**, General Manager at Propaganda3

**Frank White III**, Director of Business Development for KCATA

**Ryan Myers**, Corporate Strategy and Planning Manager, Hallmark

#### RS SOCIAL VENTURES BOARD:

**Karen Zecy** Board President, President, American Micro

**Mark Larabee** Board Treasurer, President of Arvest Bank, President of the Urban Neighborhood Initiative of the KC Chamber

**Rev. Justin Mathews** Board Secretary, Executive Director of Reconciliation Services

**Myron McCant** Board Member, Co-Owner of The Kiddie Depot LLC

#### RS LEADERSHIP TEAM:

**Father Justin Mathews**, Executive Director

**Gabriel Rop**, Director of Programs and Operations

**Jennifer Cundiff**, Director of Finance

To see the rest of our team visit [www.RS3101.org/team](http://www.RS3101.org/team)



**2018 HIGHLIGHTS**

Dear XXXXX,

I have learned in my 20+ years of service and ministry that we cannot underestimate even the simplest of interactions. The impact of a kind word, a smile, a moment of listening, a warm welcome can leave a profound impression on someone. With the opening of Thelma's Kitchen, our donate-what-you-can cafe, in July 2018, we literally reinvented the front doors of RS, engaging the community in a new way by inviting neighbors from all walks of life to come in, break bread, share with one another, and build upon these simple interactions.

The problem of poverty in Kansas City is complex and cannot be separated from our city's traumatic history of racial and economic discrimination and disinvestment. Therefore, our solutions to this problem must be designed to address the manifest symptoms and root causes of poverty and discrimination. Reconciliation is our guiding framework and our ultimate mission and vision. Reconciliation may seem like a lofty goal, but not when we begin with the simplest of things - love of neighbor.

Your gifts are helping build a stronger Kansas City! Thank you for enabling RS to assist thousands of our neighbors in increasing their personal well-being, advocating for their families and neighbors, and revealing their hidden strength!

For Those We Serve,



Fr. Justin Mathews, RS Executive Director



P.S. There is still so much work to be done. Please consider sending a gift or signing up to volunteer.



**YOU ARE HELPING BUILD A STRONGER KC. SEE HOW INSIDE!**



"The people here like me and they do care. [Helping people] gives me the opportunity to get better. The more I help, the better."

- David Fullerton  
 RS neighbor and volunteer

WATCH DAVID'S VIDEO AT [WWW.RS3101.ORG/DAVE](http://WWW.RS3101.ORG/DAVE)



"Not only did you all help me get my ID, but because of that I was able to get my job. Thank you for that gift!"

- Janet Foy,  
 RS Client and friend

WATCH JANET'S VIDEO AT [WWW.RS3101.ORG/JANET](http://WWW.RS3101.ORG/JANET)



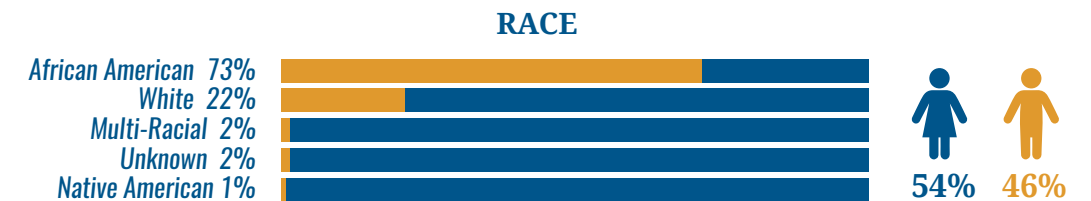
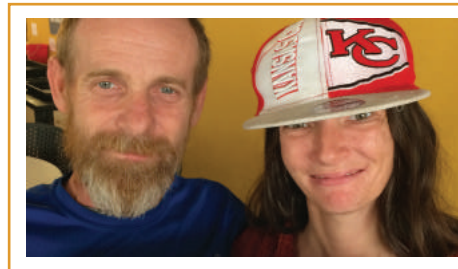
"Men's group is important to me because it gives me knowledge and makes me feel like I'm not alone. I find peace when I walk through that door."

- Donald Doles,  
 RS REVEAL Program participant

WATCH DONALD'S VIDEO AT [WWW.RS3101.ORG/DONALD](http://WWW.RS3101.ORG/DONALD)

**ABOUT OUR CLIENT GUESTS**

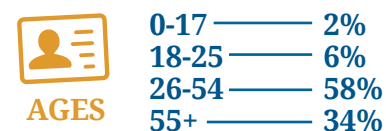
We serve the entire KC area but prioritize the Troost Ave. corridor, especially the neighborhoods east of Troost, which have the highest concentration of poverty and trauma and the least access to resources.



**82% of kids in single parent households**

**59% of clients witness violence regularly**

**53% of clients have been victims of violence**



**99% live below federal poverty level**

**1 in 10 adults in Jackson County Missouri suffer serious mental illness (\*Health Forward Foundation)**



**SEE MORE STORIES OF STRENGTH AT [WWW.RS3101.ORG](http://WWW.RS3101.ORG)**